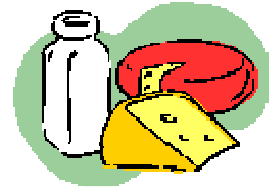


Healthy Virginians Week
September 10-14, 2012

EHS Lunch

September 2012

Manager: Jill Young



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Pepperoni Pizza or Corn Dog String Beans Corn Applesauce Juice/Milk	5 Cheeseburger or Turkey Sandwich Lettuce & Tomatoes Spinach Fresh Sliced Apples/Pears Juice/Milk	6 Chicken Patty or Fish Sandwich Lettuce/Cole Slaw/Kale Tortilla Chips Pineapple/Strawberries Juice/Milk	7 Hot Dog or Tuna Boat Baby Carrots/Pork N' Beans Corn Chips Fresh Sliced Oranges Juice/Milk	8
9	10 Corn Dog Nuggets or Steak-Um Fresh Peas/Carrots Tortilla Chips Tropical Fruit/Mandarin Oranges Juice/Milk	11 Pepperoni Pizza or Corn Dog String Beans Corn Applesauce Juice/Milk	12 Sloppy Joe/Chuckwagon on Bun Turnip Greens/Mixed Veggies Fresh Sliced Apples Banana Pudding Juice/Milk	13 Meat Loaf or Chicken Tenders Broccoli/Mustard Greens Peaches/Pears Hot Rolls Juice/Milk	14 Fish Sticks or Chicken Salad on Bun Cole Slaw/Baked Beans Fresh Oranges/Pineapples Juice/Milk	15
16	17 Turkey or Cheeseburger on Bun Lettuce/Tomatoes Mixed Greens/Mixed Veggies Corn Chips Fresh Apples/Mixed Fruit Juice/Milk	18 Pepperoni Pizza or Bean Burrito String Beans/Corn Applesauce Juice/Milk	19 BBQ or Pork Chop Sandwich Tortilla Chips Cole Slaw/Green Peas Banana Pudding/Pears Juice/Milk	20 Chicken Nuggets or Mac-N-Cheese Turnip Greens/String Beans Hot Rolls Peaches/Strawberries Juice/Milk	21 Fish Sandwich or Corn Dog Baked Beans Baby Carrots/Mixed Veggies Fresh Grapes Juice/Milk	22
23	24 Chicken Patty or Riblet on Bun Tortilla Chips Kale/Baked Beans Fresh Apples/Mixed Fruit Juice/Milk	25 Cheeseburger or BBQ on Bun Cole Slaw Turnip Greens Apricot Halves/Pears Juice/Milk	26 Pork Chop or Oven Fried Chicken Mashed Potatoes /w Gravy Sweet Peas Pineapples/Mandarin Oranges Juice/Milk	27 PIZZA HUT or Bean Burrito String Beans/Corn Applesauce/Grapes Juice/Milk	28 Hot Dog or Turkey Sandwich Lettuce/Tomatoes Corn Chips Kidney Beans/Spinach Strawberries/Apricot Halves Juice/Milk	29
30						

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