

School Breakfast Week March 4-8, 2012

EHS Lunch March 2013



Manager: Jill Young

| Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|--|--|
| | | | | 1 Corn Dog Nuggets & Fish Patty on WG Bun Choose Two: Kale, Pork & Beans, Fresh Tangerine, Pear 1% Fat-Free Flavored Milk | 2 |
| 4 Cheeseburger or Fish Sticks W/ Hush Puppies Choose Two: Kale/Cole Slaw, Fresh Apple, Pear 1 % Fat-Free Flavored Milk | 5 Pepperoni Pizza or Turkey & Cheese on WG Bun w/Lettuce Choose Two: Corn -on -Cob, String Beans, Applesauce, Juice 1% Fat-Free Flavored | 6 Hot Dog/Sloppy Joe on Bun Choose Two: Pork & Beans, Sweet Potato Puffs, Orange, Pineapple 1% Fat-Free Flavored Milk | 7 Hot Vegetable Soup w/Grilled Cheese or Bologna w/Cheese on GW Bun- <u>Choose Two</u> : Mixed Veggies, Spinach, Peaches, Pears 1% Fat-Free Flavored Milk | 8 Steak-Um on WG Bun or Meatball Sub—Choose Two: Mixed Greens, Kidney Beans, Fresh Apple Halves or Mixed Fruit 1% Fat-Free Flavored Milk | 9 |
| 11 Meatball Sub or Tuna Boat w/ Lettuce— <u>Choose Two</u> : Mixed Veggies, Greens, Fresh Oranges, Apples 1% Fat-Free Flavored Milk | 12 Pepperoni Pizza or Corn Dog Choose Two: String Beans, Corn – on-Cob, Applesauce, Juice 1% Fat-Free Flavored Milk | 13 Chicken Patty or BBQ Riblet on WG Bun—Choose Two: Kale, Carrots, Mandarin Orange, Pears 1% Fat-Free Flavored Milk | 14 12:30 Release-Staff Development BIG BREAKFAST Corn Beef Hash/Eggs/Apples 1% Fat-Free Flavored Milk | 15 Hot Dog on WG Roll or Fish Sticks w/Hush Puppies—Choose Two: Baked Beans, Cole Slaw, Fresh Apple Halves, Pineapple 1% Fat-Free Flavored Milk | 16 |
| 18 Fish Sticks w/Hushpuppies or Bean Burrito— <u>Choose Two</u> : Kidney Beans, Spinach, Fresh Apple or Pear—1% Fat-Free Flavored Milk | 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1% Fat-Free Flavored Milk | 20 Soft Taco w/Lettuce/Cheese Or Fish Patty— <u>Choose Two</u> : Re- fried Beans, Carrots w/Dip, Fresh Apple or Pear 1% Fat-Free Flavored Milk | 21 Meat Loaf or Pork Chop/Rice & Gravy—Choose Two: Turnip Greens, Beets, Hot Roll, Peaches, Pears—1% Fat –Free Flavored Milk | 22 BBQ or Chicken Patty on WG Bun Choose Two: Collard Greens, Mixed Veggies, Apricot Halves, Apple—1% Fat-Free Flavored Milk | 23 |
| 25 Cheeseburger or Corn Dog Choose Two: Kale, Mixed Veggies, Corn Chips, Fresh Apple or Or- ange—1% Fat-Free Flavored Milk | 26 Beef & Cheese Taco w/Lettuce or Hot Dogs — Choose Two: Cole Slaw, Baked Beans, Refried Beans, Fresh Orange or Apples— 1% Fat-Free Flavored Milk | 27 Pork Chop or Chicken Tenders Choose Two: Potato Wedges, Collard Greens, Pear or Apple 1% Fat-Free Flavored Milk | 28 PIZZA HUT—Cheesy, Pepperoni, Veggie o Chef Salad— <u>Choose</u> <u>Two</u> : Corn, String Beans 1% Fat-Free Flavored Milk | 29 SCHOOLS CLOSED SPRING BREAK | 30 |
| | 4 Cheeseburger or Fish Sticks W/ Hush Puppies Choose Two: Kale/Cole Slaw, Fresh Apple, Pear 1 % Fat-Free Flavored Milk 11 Meatball Sub or Tuna Boat w/ Lettuce— Choose Two: Mixed Veggies, Greens, Fresh Oranges, Apples 1% Fat-Free Flavored Milk 18 Fish Sticks w/Hushpuppies or Bean Burrito—Choose Two: Kidney Beans, Spinach, Fresh Apple or Pear—1% Fat-Free Flavored Milk 25 Cheeseburger or Corn Dog Choose Two: Kale, Mixed Veggies, Corn Chips, Fresh Apple or Or- | 4 Cheeseburger or Fish Sticks W/ Hush Puppies Choose Two: Kale/Cole Slaw, Fresh Apple, Pear 1 % Fat-Free Flavored Milk 11 Meatball Sub or Tuna Boat w/ Lettuce—Choose Two: Mixed Veggies, Greens, Fresh Oranges, Apples 1% Fat-Free Flavored Milk 18 Fish Sticks w/Hushpuppies or Bean Burrito—Choose Two: Kidney Beans, Spinach, Fresh Apple or Pear—1% Fat-Free Flavored Milk 25 Cheeseburger or Corn Dog Choose Two: Corn Dog Choose Two: Corn Dog Choose Two: Corn, String Beans, Applesauce 1% Fat-Free Flavored Milk 26 Cheeseburger or Corn Dog Choose Two: Kale, Mixed Veggies, Corn Chips, Fresh Apple or Orange—1% Fat-Free Flavored Milk Fresh Orange or Apples—1% Fresh Orange or Apples—1% | 4 Cheeseburger or Fish Sticks W/ Hush Puppies Choose Two: Kale/Cole Slaw, Fresh Apple, Pear 1 % Fat-Free Flavored Milk 11 Meatball Sub or Tuna Boat w/ Lettuce—Choose Two: Mixed Veggies, Greens, Fresh Oranges, Apples 1 % Fat-Free Flavored Milk 18 Fish Sticks w/Hushpuppies or Bean Burrito—Choose Two: Kidney Beans, Spinach, Fresh Apple or Pear—1 % Fat-Free Flavored Milk 25 Cheeseburger or Corn Dog Choose Two: Corn -or-Cob, String Beans, Applesauce, Juice 1 19 Pepperoni Pizza or Corn Dog Choose Two: String Beans, Corn— on-Cob, Applesauce, Juice 1 18 Pepperoni Pizza or Corn Dog Choose Two: String Beans, Corn— on-Cob, Applesauce, Juice 1 18 Pepperoni Pizza or Corn Dog Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Chef Salad Choose Two: Choose Two: Re- fried Beans, Carrots w/Dip, Fresh Apple or Pear 1 19 Pepperoni Pizza or Chef Salad Choose Two: Choose Two: Potato Wedges, Staw, Baked Beans, Refried Beans, Choose Two: Potato Wedges, Choose Two: Potato Wedges, Collard Greens, Pear or Apple 1 19 Pepperoni Pizza or Corn Dog Choose Two: Choose Two: Potato Wedges, Collard Greens, Pear or Apple 1 19 Pepperoni Pizza or Corn Dog Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Corn Dog Choose Two: Corn, String Beans, Applesauce 1 19 Pepperoni Pizza or Choose Two: Choo | 4 Cheeseburger or Fish Sticks W/ Hush Puppies Cheese on WG Bun w/Lettuce Choose Two: Kale/Cole Slaw, Fresh Apple, Pear 1% Fat-Free Flavored Milk 11 Meatball Sub or Tuna Boat w/ Lettuce Choose Two: String Beans, Applesauce, Juice 1% Fat-Free Flavored Milk 18 Pepperoni Pizza or Corn Dog deans, Apples 1% Fat-Free Flavored Milk 18 Pepperoni Pizza or Corn Dog deans, Fresh Oranges, Apples 1% Fat-Free Flavored Milk 18 Pepperoni Pizza or Corn Dog deans, Spinach, Fresh Apple or Pear—1% Fat-Free Flavored Milk 19 Pepperoni Pizza or Corn String Beans, Corn— on-Cob, Applesauce, Juice 1% Fat-Free Flavored Milk 18 Pepperoni Pizza or Chef Salad Burrito—Choose Two: Kidney Beans, Spinach, Fresh Apple or Pear—1% Fat-Free Flavored Milk 25 Cheeseburger or Corn Dog Choose Two: Choose Two: Cole Slaw, Baked Beans, Refried Beans, Collard Greens, Pear or Apple 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 1% Fat-Free Flavored Milk 25 Rorens, Fresh Apple or Pear—1% Fat-Free Flavored Milk 25 Rorens, Fresh Apple or Pear—1% Fat-Free Flavored Milk 26 Rorens, Pear or Corn Dog Choose Two: Kale, Mixed Veggies, Rorens, Pear or Apple Rorens, Pear or A | 1 Corn Dog Nuggets & Fish Patty on WG Bun Choose Two: Kale, Pork & Beans, Fresh Tangerine, Pear 176 Fat-Free Flavored Milk 1 Choose Two: Corn -on -Cob, String Beams, Applesauce, Juice 178 Fat-Free Flavored Milk 1 Stat-Free Flavored Milk 1 Stat-Fr |

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