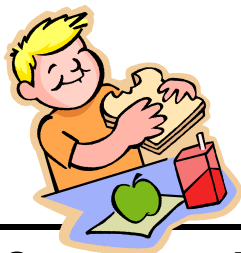


EHS Lunch January 2013

Manager: Jill Young



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Served Daily: Choice of 1/2 Pint of 1% White or Fat-Free Chocolate, Strawberry Milk Bread Served: Whole Grain	1 Schools Closed: Winter Break	2 Pepperoni Pizza or Bean Cheese Burrito <u>Choose Two</u> String Beans, Corn, Applesauce Juice/Milk	3 Chicken Nuggets or Meat Loaf <u>Choose Two</u> Mashed Potatoes, Sweet Peas, Mandarin Oranges, Banana Pudding /Milk	4 Cheeseburger or Ravioli <u>Choose Two</u> Mixed Greens, Carrots, Pineapples, Fresh Apple Milk	5
6	7 Chicken Patty or Sloppy Joe on Bun <u>Choose Two</u> Turnip Greens, Mixed Veggies, Peaches, Pears/Milk	8 Pepperoni Pizza or Meatball Sub <u>Choose Two</u> String Beans, Kale, Applesauce Juice/Milk	9 BBQ or Fish on Bun <u>Choose Two</u> Cole Slaw, Baked Beans, Fresh Apple Halves, Mixed Fruit Milk	10 Beef-a-ro-ni or Chicken Tenders <u>Choose Two</u> Tossed Salad, Beets, Peaches, Pineapples, Bread Sticks Milk	11 Tuna Boat w/Lettuce or BBQ Riblett on Bun <u>Choose Two</u> Spinach, Mixed Veggies Tortilla Chips, Fresh Pears, Tangerine, Milk	12
13	14 Cheese Steak-Um or Fish on Bun <u>Choose Two</u> Cole Slaw, Baked Beans, Apricot Halves, Mixed Fruit Milk	15 Pepperoni Pizza or Corn Dog <u>Choose Two</u> String Beans, Applesauce, Juice, Milk	16 Taco Salad or Chicken Tenders <u>Choose Two</u> Beets, Turnip Greens, Fresh Orange Halves, Banana Pudding Milk	17 Oven Fried Chicken or Pork Chops <u>Choose Two</u> Broccoli, Yams, Pineapples, Pears, Hot Rolls, Milk	18 Hot Dog or Corn Dog Nuggets <u>Choose Two</u> Pork & Beans, Greens, Corn Chips, Peaches, Fresh Apple, Milk	19
20	21 Schools Closed: Dr. King's Holiday	22 BBQ Riblett or Chicken Patty on Bun <u>Choose Two</u> Turnip Greens, Slaw, Apricot Halves, Mixed Fruit—Milk Mi	23 Meat ball Sub or Tuna Boat w/ Lettuce & Doritos <u>Choose Two</u> Broccoli, Carrots, Peaches, Pineapples –Milk	24 Baked Mac & Cheese or Chicken Tenders <u>Choose Two</u> Mixed Greens, Peas, Grapes, Tangerine, Garlic Bread Sticks Milk	25 Corn Dog or Turkey on Bun w/ Lettuce <u>Choose Two</u> Mixed Veggies, Kale, Applesauce, Pears Milk	26
27	28 Cheeseburger or Fish on Bun <u>Choose Two</u> Spinach, Carrots, French Fries, Mandarin Oranges, Milk	29 BBQ Riblett or Chicken Patty on Bun <u>Choose Two</u> Turnip Greens, Slaw, Apricot Halves, Mixed Fruit—Milk	30 Sloppy Joe or Chuck Wagon on Bun <u>Choose Two</u> Mixed Veggies, Carrots, Pineapples, Fresh Apple, Chips—Milk	31 PIZZA HUT Cheesy, Pepperoni, and Veggie Or Chef Salad <u>Choose Two</u> —Corn, String Beans, Applesauce, Juice—Milk		



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