

EHS Lunch

February 2013

Manager: Jill Young



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Hot Dog on WG Roll w/Chili or Steakum & Cheese on WG Bun <u>Choose Two</u> : Baked Beans/Cole Slaw Apricot Halves/Pears 1% /Fat-Free Flavored Milk	2
3	4 BBQ or Fish on WG Bun <u>Choose Two</u> : Cole Slaw/Baked Beans Mixed Fruit/Pears 1% /Fat-Free Flavored Milk	5 Pepperoni Pizza or Corn Dog Nuggets <u>Choose Two</u> : String Beans/Corn Applesauce/Juice 1% /Fat-Free Flavored Milk	6 Parent Conference <u>Big Breakfast</u> Bacon, Eggs, Oven Fried Potatoes Baked Apples, Biscuit 1% /Fat-Free Flavored Milk	7 Mac N Cheese or Chicken Tenders <u>Choose Two</u> : Broccoli/Mixed Greens Green Grapes./Tangerine Hot WG Roll 1% /Fat-Free Flavored Milk	8 Meatball Sub or Tuna Boat w/Lettuce <u>Choose Two</u> : Baked Doritos Mixed Veggies/Spinach Peaches/Pineapples 1% /Fat-Free Flavored Milk	9
10	11 Cheeseburger or Sloppy Joe on WG Bun <u>Choose Two</u> : Tortilla Chips Fresh Peas/Carrot Tropic Fruit/Mandarin Oranges 1% /Fat-Free Flavored Milk	12 Pepperoni Pizza or Corn Dog Nuggets <u>Choose Two</u> : String Beans/Corn Applesauce/Juice 1% /Fat-Free Flavored Milk	13 BBQ or Fish Sandwich <u>Choose Two</u> : Cole Slaw/Baked Beans Fresh Apple/Pears 1% /Fat-Free Flavored Milk	14 Spaghetti w/Meat Sauce or Chicken Tenders <u>Choose Two</u> : Mixed Greens/Beets Mixed Fruit/Peaches 1% /Fat-Free Flavored Milk	15 Hot Dog or Bean Burrito <u>Choose Two</u> : Corn Chips Spinach/Carrots Fresh Grapes/Pineapple 1% /Fat-Free Flavored Milk	16
17	18 School Closed President's Day	19 Pepperoni Pizza or Fish on WG Bun <u>Choose Two</u> : Spinach/Corn Applesauce/Juice 1% /Fat-Free Flavored Milk	20 Taco Salad or Chicken Patty on WG Bun <u>Choose Two</u> : Beets/Turnip Greens Fresh Orange/Pears 1% /Fat-Free Flavored Milk	21 Oven Baked BBQ Chicken or Meatloaf <u>Choose Two</u> : Mashed Potatoes/String Beans Peaches/Banana Pudding Hot WG Roll 1% /Fat-Free Flavored Milk	22 Pork Chop on WG Bun or BBQ Riblets <u>Choose Two</u> : Kale/Collard Greens Pineapple/Fresh Apple 1% /Fat-Free Flavored Milk	23
24	25 Hot Dog w/Chili or Turkey on WG Bun w/Lettuce & Tomatoes <u>Choose Two</u> : Spinach/Beans Peaches/Pears 1% /Fat-Free Flavored Milk	26 Fish Sticks or BBQ on WG Bun <u>Choose Two</u> : Cole Slaw/Baked Beans/ Hush Puppies Mandarin Oranges/Pineapples 1% /Fat-Free Flavored Milk	27 Corn Dog Nuggets or Fish Patty on WG Bun <u>Choose Two</u> : String Beans/Corn Applesauce/Juice 1% /Fat-Free Flavored Milk	28 Pizza Hut Cheesy, Pepperoni, Veggie Pizza or Chef Salad <u>Choose Two</u> : Corn/String Beans Applesauce/Juice 1% /Fat-Free Flavored Milk		

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